

Get Ready to Transition to Your Future

Are you a youth living with a mobility disability who's **ready to create and apply**, to be **independent and shine**?

We're here to help make that happen, with free one-on-one support to get you ready for everything that comes next, including **education, training, and employment**. Our Transition Planners will work with you to build a personalized plan to reach your goals, whether that be living on your own, getting into college or university, or landing that dream job.

We know you're ready for what's next. And we're ready to get you there!



We can help you:

- Build your planning team with people you trust and rely on, so you are supported to create a path to reach your goals.
- Complete a formal PATH (Planning Alternative Tomorrows with Hope) plan with short-term and long-term goals.
- Figure out your career options by looking at in-demand jobs and the skills and training you need to do them.
- Develop a resume, cover letter, portfolio, LinkedIn profile, and prepare you for interviews.
- Find jobs (e.g., summer employment, co-op placements, internships and/or apprenticeship opportunities).
- Review accessibility requirements for university, college, other training, and employment, and complete accessibility reviews to find solutions with these organizations that work.
- Coordinate tours of training, post-secondary, and education facilities to get insight into services, facilities, and accessibility.
- Connect to student accessibility and accommodation centres and services.
- Connect with Occupational Therapists, augmentative communications specialists, assistive technology specialists and accessibility/accommodation centres to determine equipment, technology, assistive devices, educational assistants, tutors and/or notetakers that may be helpful for your studies.
- Connect with peer mentors.
- Complete student loan, Canada Student Grant, Training & Employment Support Services (TESS), scholarship and bursary applications.
- Develop money and budget skills.
- Complete applications for the Disability Support Program (DSP). The DSP plan may provide services and technical aids needed outside of school hours for help with personal activities (e.g., bathing, dressing, ventilator care, help with housework).
- Find accessible and affordable housing and transportation. This may include help with applications for housing and housing modifications, and getting drives for school, jobs, and social events.



Success Stories

“Transition NB helped me when it came time to go to college. They helped me decide what my options were and if I needed some adaptive equipment. Because of them, I went through college, I graduated, and I actually was able to start up my own business. I now have a full-time job. If it wasn't for them and their guidance, I wouldn't be where I am today.”
- Kaleb Spellman

“Transition NB has given me many amazing opportunities and experiences to get into my community and connect with many wonderful people. They also helped me find and connect with many programs that have greatly improved my health and outlook on life. I am so thankful to everyone who has helped pave the way to where I am today.”
- Emily Gorgeville

“I want to do something exciting, I want to have an impact, so it was awesome to have this door opened to me. There was a feeling Transition NB could really help me get somewhere. My family wants me to be successful, and I want to show them that I can be independent and make my own way in the world.”
- Brooke Ritchie

“Transition NB fully supported Brent's dream, his human right to stand up, which would provide Brent with a little more independence and freedom. Without the dedication, compassion, determination, and hard work provided by the Transition NB team, we wouldn't be where we are today. They went above and beyond to stand up for Brent! They are simply amazing!”
- Kim Daborn-McDade,
Brent Daborn-McDade's Mother



Contact

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Ready to get started?

Contact us at **1-866-462-9555** or **info@abilitynb.ca** to set up a referral time, or visit our website for more information and resources: **transitionnb.com**

You can also download our Transition Guide at **transitionnb.com/resources**

All our services are free of charge and confidential.

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