2021

New Brunswick Premier's Council on Disabilities



# TRANSITION GUIDE FOR STUDENTS WITH DISABILITIES

# HELPING YOU NAVIGATE POST-SECONDARY EDUCATION

# ABOUT THE PREMIER'S COUNCIL ON DISABILITIES

#### VISION

A New Brunswick where all persons are accepted, included, and valued.

#### UNIQUE VALUE PROPOSITION

PCD is a nonpartisan advisor to the Premier and government, who works to improve the quality of life and ensure full community participation of all persons living with a disability in New Brunswick.

#### MISSION STATEMENT

We provide dynamic leadership to improve the quality of life for all persons affected by disability in New Brunswick.

We accomplish this by:

- Being a strong voice and role model for full community participation.
- Providing research, advice, and direction to the Premier and Government
- Educating and increasing public awareness and the profile of individual rights, abilities, and values.
- Building strategic partnerships and networks.
- Facilitating support for individuals, families, caregivers, professionals, and communities.



#### Contact the PCD

E-mail: pcd-cpmph@gnb.ca Telephone: 506-444-3000 Toll-free: 1-800-442-4412

Fax: 506-444-3001

**Quick tip:** Click the bubble for the PCD's website!

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# THE PLANNING PROCESS



### STEP ONE: CHOOSING A SCHOOL

This process begins early in high school. It is important to identify interests, set goals and plan for success early on.

- Start planning early!
- Coordinate with advisors to make sure you're taking all necessary prerequisites
- Begin to gather information that will be useful in planning your transition: your strengths, challenges, needed accommodations, interests, accomplishments, extracurricular activities, etc.
- Parents should: include their child in meetings about their education; consider options for high school and postsecondary education; encourage community-based job training and appropriate life skills; and assist in developing good work habits.



## STEP TWO: BUILDING A TEAM

There are many different important individuals that can be on your transition team that will support you throughout your transition into postsecondary education.

- You: the primary member of your transition team. You are at the center of the process.
- Caregivers/Parents: an essential addition to your team. Caregivers will share hopes for student, participate in planning, decision making and goal setting.
- **School personnel:** includes classroom teachers, resource teachers and educational assistants, quidance counsellors or administrators.
- **Health care providers:** if applicable, it may be necessary to have health care professionals on your transition team to focus on your health and safety.
- **Disability support services:** key to connecting with postsecondary institutions. The staff from the disability support services and accessibility centers will introduce you to the university, address your needs, and support you through your post-secondary experience.
- **Community members:** employers, volunteer coordinators and mentors can provide additional support.
- Other family members and friends: family and friends also know you well and can also support you throughout your transition.

## STEP THREE: DEVELOPING A PLAN

#### WHAT IS MY PLAN BASED ON?

- (1) your career explorations
- (2) your goal of attending a post-secondary institution

#### WHAT SHOULD MY PLAN INCLUDE?

- Education and career goals
- Needs and accommodations
- Academic prerequisites
- Assessments required for accommodations
- Funding for tuition costs
- Living arrangement
- · Support network both on and off-campus
- A personal transition portfolio





#### WHAT IS A PERSONAL TRANSITION PORTFOLIO?

A personal transition portfolio is a collection of documents that are a record of experiences and accomplishments of yours in school and the community. Your portfolio best describes your strengths and interests.

#### Portfolios are extremely useful in:

- Keeping track of skills development
- Assist in obtaining volunteer or paid work positions
- Help with registering at a postsecondary institution-Introducing yourself to disability support services and accessibility centers
- Useful in approaching instructors with accommodations and needs

#### Elements that could be in your portfolio include:

- Description of disability and how it affects me as a student
- Information about accommodations I use
- Up-to-date assessments
- Current transition plan
- Resume
- High school transcript
- Recent test scores
- Assignments/tests I am proud of
- Photos of awards and prizes both school and community related
- Letters of recommendation
- Information about my goals, learning, and career plans
- Correspondence from disability services and accessibility center

### STEP FOUR: CHOOSING A PROGRAM

#### WHAT TYPES OF OPPORTUNITIES ARE AVAILABLE?



**University:** higher education, usually in the form of an undergraduate or postgraduate degree. There are different opportunities depending on the university and program you are taking. Programs typically have an academic or professional focus.



**College:** courses that offer certification and training in certain areas, and can be directly career-oriented. There are public colleges and private colleges.



**Apprenticeship:** formal, sanctioned work experiences of extended duration in which an apprentice/trainee, learns specific occupational skills related to a trade. This is a career route allowing someone to earn wages while they work towards a skilled trade. These programs take two to four years to complete. There are 53 apprentice occupations in NB.



**Personal development training:** courses, workshops and certificate learning opportunities that will generate new skills including CPR/First Aid, Workplace Hazardous Material Information System (WHIMIS) and more.

#### HOW DO I CHOOSE A PROGRAM AND INSTITUTION?

#### Research and contact the institutions:

- Post-secondary education is a big investment in time, money, and effort. It is important to research and understand the types of schools, tuition and costs, programs, enrollment, and other factors.
- With research, you can also identify where your programs of interest are and you can compare the time and cost of your programs of interest.

#### Get to know the institution:

- Work closely with the disability support services and accessibility centers. The purpose of these services is to empower, support and advocate for students with disabilities to achieve their goals.
- You can have a campus tour (both virtual or in-person) to explore the physical aspects of an institution of interest.
- At some institutions, there are options to become a student for a day.
   Different schools offer many ways to introduce potential students to their
   campuses including student for a day, open houses, etc. This provides you
   with the chance to explore the institution's future and give you a better
   idea of what attending the institution would be like for real!



# STEP FIVE: MONITORING PROGRESS



It is important to remember that your plan can change based on your wants and needs. There are endless postsecondary opportunities that are available to choose from based on your interests and goals. If your vision for your future changes, you can work with your transition team to restructure your transition plan to suit your future.

- Monitor your plan continuously
- Meet with your transition team regularly (suggested every 6 months)
- Important to revisit goals and plans
- Ensure your plan continues to reflect your needs and goals



# FINANCIAL ASSISTANCE



#### HOW DO I ACCESS FINANCIAL ASSISTANCE?

After choosing an institution and a program, it's important to start looking at how you will pay for your education. Funding your post-secondary education or training can be one of the most difficult parts of the process, but it doesn't have to be daunting. There are grants, scholarships, bursaries, and other programs at the institutional, community, provincial, and federal levels directed to assisting students with disabilities that will help you along the way.

#### INSTITUTION SPECIFIC ASSISTANCE

A variety of universities and colleges across the province offer scholarships and bursaries aimed specifically at supporting students with accessibility needs. In order to best access these funding supports, prospective students should contact the financial assistance office or accessibility centre of the given institution.

#### PROVINCIAL ASSISTANCE

#### **Long Term Needs Designation**

- Provided by the Department of Social Development
- Eligibility
  - 19 years or older
  - Meet one of the following criteria
    - Meets criteria for long-term client by Mental Health (written verification required)
    - Is assessed by Social Development as meeting criteria of the Long-Term Care Strategy (written verification required)
    - Is in receipt of CPP Disability or any other disability pension under the Pension Act
    - Has medical reports covering a 24-month period and the Medical Advisory Board approves the Long-Term Needs designation. For applicants, this would mean having one Medical Report stating the individual's condition has existed for 24 months.
- Exempts individuals from the Household Income Policy
- Guarantees the individual the Transitional Assistance rate of assistance
- Eliminates the need to submit a medical report every six months

**Quick tip:** The **National Educational Association for Disabled Students** (NEADS) maintains a directory of available scholarship and funding opportunities for post-secondary students with disabilities. It can be found at disabilityawards.ca, or by clicking this bubble!

#### FEDERAL ASSISTANCE



#### **Canada Student Grant for Students with Permanent Disabilities**

- Edibility:
  - Have financial need
  - Are enrolled in a qualified program at a recognized school
  - Include one of the following with the application:
    - A medical certificate
    - A psycho-educational assessment; or
    - Documents that prove you have received federal or provincial permanent disability assistance
- Permanent disability is defined as a condition that prevents you from performing the daily activities necessary to participate in substantially gainful employment and will be with you for the rest of your life
- This program provides a first-year installment of \$4,000 continuing through each year of your studies (academic year August 1 to July 31) provided you still qualify



#### Canada Student Grant for Services and Equipment for Students with Permanent Disabilities

- Eligibility:
  - Same definition of permanent disability as above
    - Same requirements for proof of disability as above
    - Written confirmation from a qualified person that education-related equipment is required, and the cost and specifications of the equipment
    - Qualify for full or part-time student aid
    - o Are enrolled in a qualified program at a recognized school
- This program provides up to \$20, 000 every academic year of study, provided you still qualify.



#### Repayment Assistance Plan for Borrowers with a Permanent Disability

- Eligibility:
  - Repayment Assistance Estimator
- This program reduces or replaces payments on student loans



#### **Severe and Permanent Disability Benefit**

Borrowers with severe permanent disabilities who are unable to repay their
 Canada Student Loans may be eligible to have their student debt cancelled.



#### **Disability Tax Credit**

- Eligibility:
  - Questionnaire
    - o Certification and description of disability by a medical practitioner
- This program is a non-refundable tax credit that lowers the amount of income tax a person with a disability is required to pay



# ACADEMIC SUPPORT



### UNDERSTANDING ACADEMIC SUPPORT

#### HOW DO POST-SECONDARY INSTITUTIONS SUPPORT INDIVIDUALS WITH DISABILITIES?

Most post-secondary institutions have a disability services office or accessibility centre. Disability services offices are dedicated to providing students with disabilities the proper academic accommodations and support they need to thrive in post-secondary education. They can help students:

- Determine appropriate accommodations and course loads.
- Communicate with faculty regarding disability-related issues.
- Navigate policies and procedures that affect persons with disabilities.

To access support at most post-secondary institutions, students must disclose their disability to the accessibility centre and provide documentation of their disability. All information pertaining to a student's disability is maintained confidential by the accessibility centre.







#### SHOULD I DISCLOSE MY DISABILITY?

When starting post-secondary education, some students begin their studies without immediately registering with the accessibility centre. For some students, disclosing their disability is a difficult and stressful decision as they may not feel comfortable discussing their disability. Choosing to disclose one's disability is a personal choice; however, some advantages include:

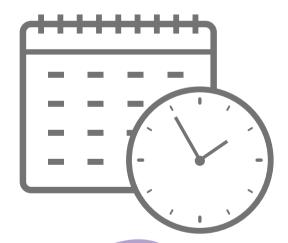
- Being able to access the support students need to thrive and succeed in their institutions.
- It may be beneficial to obtain grants, scholarships, and bursaries.
- Avoiding any misunderstandings, help educate others, and decrease the stigma of their disability.

#### HOW DO I REGISTER WITH THE ACCESSIBILITY CENTRE AT MY INSTITUTION?

Most post-secondary institutions require disability documentation to register with their disability services office. Before registering, it is important to get documentation from a licensed healthcare professional that validates the student's disability, speaks to their limitations and recommends adaptation measures. Every post-secondary education has different criteria for what is deemed to be acceptable documentation; however, common acceptable forms include:

Quick Tip: Click the bubble to contact your institution's Accessibility Office to learn what documentation is required at your school.

- Forms administered by the accessibility centre
- Psychoeducational assessments
- Disability assessments
- Student loan Medical assessment forms
- Specialist reports



Quick Tip: Some schools

Quick Tip: Some schools

have summer intake

appointments in the

appointments to see if

summer. Contact your

centre to see if

accessibility centre to sign up in

accessibility can sign up in

accessibility advanced!

Once you have received your disability documentation, you must contact the accessibility centre at your institution for an intake appointment. Here is what students can expect:

- Prior to the appointment students must fill out forms and submit their documentation.
- During the meeting, the student's needs will be assessed and the staff will help create an individualized accommodation plan for their studies.
- Students will typically be given a letter of accommodation that can be shared with professors in order to receive the accommodations they need.

# Quick Tip: Academic advisors can assist students in choosing courses and planning their academic paths. For students who are taking or considering a reduced course load, this can be useful.

#### WHAT TYPES OF ACCOMODATIONS CAN I ACCESS?

In New Brunswick, post-secondary institutions have a legal obligation to provide accommodations for persons with disabilities under Section 6 of the Human Rights Act.

It is important to recognize that accommodations do not provide students with an unfair advantage, rather they give students an equal chance to learn and participate in their institution.

Common services provided by accessibility centres include:

- Arrangements for classroom and test/examination accommodations (i.e. extra-time, quiet location, computer access, assistive software, scribe service, reader service, spellchecker, etc.).
- Access to assistive technology (laptops, speech-to-text software, text-to-speech-reading software, mindmapping software, adapted calculators, FM system for hearing impaired students, etc.).
- Alternate format text (i.e. electronic books, large print materials, taped, braille).
- Instructional accommodations (i.e. reduced course load, note-taking support extensions for assignments, captions, preferential seating, use of memory aids, alternative assignments and assessments).
- Support personnel, Support workers, personal supports?
   (i.e. sign language interpreters, guides, note-takers, tutors).
- Learning strategist services for addressing individual learning needs (i.e. time management, assigned readings, note-taking, assignments, writing assistance and proofreading).
- Referrals to on-campus or community-based services
   (i.e. counselling, psychological assessment services,
   writing/study skills, health services, financial aid, career
   development, or academic advising).

#### **HOW CAN I BE AN EFFECTIVE SELF-ADVOCATE?**

Self-advocacy is speaking up to represent a person's own needs and interests. Learning to be an effective self-advocate may be beneficial to achieve success in post-secondary education.

It is important to note that the transition from high school to post-secondary institutions generally requires students to act independently to act upon areas of their academic experience that need improvement, thus amplifying the importance of self-advocacy.

To be an effective self-advocate, students should:

- Understand their needs and the nature of their disability. This includes noting their strengths and challenges in their personal life, academics, and extracurricular activities.
- Learn how to cope with the challenges they face and how certain accommodations and services provided by post-secondary institutions may aid them in academic success.
- Be informed of the rights of students with disabilities so they can know when to advocate for themselves.

With this knowledge, students can appropriately advocate for their needs and ensure that they receive the treatment they are rightfully guaranteed in postsecondary institutions.

# ADDITIONAL RESOURCES



## **ACCESSIBILITY RESOURCES**

#### TRANSPORTATION

New Brunswick offers various transportation services and programs that can be beneficial to individuals with disabilities.





#### Vehicle Retrofit Program (VRP)

- VRP allows the alteration of personal vehicles to accommodate individuals with disabilities to increase their mobility. The program offers financial assistance for supplying and installing accessibility features.
- It can cover, up to 80% of the cost of accessibility features for new/existing vehicles, a maximum grant of \$8,000 and/or taxes paid by the applicant.
- Applicants can be residents, organizations, municipalities, private companies providing transportation for people with disabilities.



#### **Full-Service Gas Fill**

- Various locations across the province offer Full-Service Gas Fill, with some requiring request for full-service. Service may be requested by calling the gas station or honking the car horn.
- Click the logo for more information on locations (p. 42-40). Note: this report was released in 2014, please call in beforehand to ensure that these services are still being offered by the gas stations.



#### **Parking Placards and Permits**

- New Brunswick offers Parking Placards and Permits without charge for persons
  with disabilities to park in areas designated for persons with disabilities.
  Individuals eligible for this parking permit can obtain them at Service New
  Brunswick Centres throughout the province.
- The application to obtain the placards requires it to be signed by a physician, occupational therapist, nurse practitioner, or physiotherapist.



#### **Accessible Transportation**

- Wheelchair-accessible transportation is available to individuals; however, the expense is costly at a rate of \$3-4 for a one-way trip. These accessible transportation programs operate in conjunction with municipal transit services.
- The application for this program is dependent on the area in which the individuals live in.



#### **EQUIPMENT**



#### **Health Services Mobility and Adaptive Equipment Loan Service**

- This program loans specific mobility and adaptive equipment to clients to help
  with their daily living and ensure the individual's safety. Request for equipment
  must be used in home environments prescribed by an occupational therapist or
  physiotherapist.
- The program consists of three components: basic adaptive aids, complex adaptive aids, and mobility aids. The breakdown for specific equipment included in the program can be found in the link attached to this section. There is no cost to eligible clients for entitled services.

#### HOUSING ASSISTANCE FOR PERSONS WITH DISABILITIES



- This program offers financial assistance for people who have a total household income at or below the applicable Housing Income Limit to modify a resident meant to be occupied by people with disabilities. Those who cannot perform activities in the normal range are eligible to apply for this program. There are other conditions and property eligibilities that should be consulted prior to applying for the program found in the link attached to this section.
- There is a maximum \$10,000 forgivable loan for financial assistance to provide accommodating housing for persons with disabilities. A maximum forgivable loan to create a garden suite to a house is \$24,000 and provide other means of financing to cover the expenses.

#### **SERVICE ANIMALS**



Service animals are trained to perform tasks to aid a person with a disability. Typically dogs are used for this service, but other animals can be used as well. The animal does not need professional training/certification as a service animal for the New Brunswick Human Rights Act to apply. Service animals are usually associated with those with visual impairment and many other physical and invisible disabilities. Some of which include (not limited to):

- Anxiety and Depression
- Attention deficit hyperactivity disorder
- Autism
- Bipolar disorder
- Claustrophobia
- Epilepsy
- Deaf/hard of hearing
- Mobility issues
- Obsessive-compulsive disorder
- Post-traumatic stress disorder



To obtain permission for approval of the service animal in post-secondary institutions, students must:

- Provide a complete Physician Statement Form that is submitted to student
  accessibility services. Please note that this letter does not have to disclose the
  diagnosis of the individual's condition. It does, however, have to disclose their
  disability and outline how the animal will help with the individual's needs.
- The office will consult with others to see how they can develop an accommodation plan. Any potential areas of conflict must be identified, such as phobia and allergies to those that the animal will come near.
- If there are such conflicts, then a mitigation plan will be created to ensure that all individuals are considered in this process.
- The office will finalize the process by providing an accommodation plan and have the student and other stakeholders sign a contract. Typically, the Director of Facilities Management, or the equivalent, is involved in this process.

In residences, service animals approved to reside in buildings must be controlled and supervised following Residential Life, or the equivalent, requirements. Please consult the institution to see their requirements for the approval of a service animal, as the process may differ across institutions.

#### **HEATH SERVICES PROGRAM**



#### **Health Services Hearing Aid Program**

- The program offers financial assistance for purchasing and maintaining hearing aids services that are not covered by insurance. The maximum amount covered is \$1000 per hearing aid. The program covers hearing aids that are: behind the ear, in the ear, in the canal, repairs, and earmolds.
- Click the link for information on eligibility for the program.



#### **Health Services Prosthetics Program**

- The program helps cover prosthetics that are not covered by insurance. Types of prosthetics covered: Limbs (arm, leg, foot), Acular prostheses, Modification and repairs.
- The maximum expense covered is dependent on the type of prosthetic looking to be covered. The renewal of the program varies depending on the type of prosthetics (limb, larynx, artificial eye, etc.).
- Click the link for information on eligibility for the program.





#### **Health Services Vision Program**

- The program helps cover specific vision benefits not covered by insurance for individuals over the age of 19. Some of the services provided include Major exams, Emergency exams, Selected frames.
- Individuals who are eligible for this program are to not have any other Vision coverage. Click the link for information on eligibility for the program.



#### **Additional Health Services Programs**

 Click this link for additional Health Services programs that may not have been mentioned, as well as the application forms that are required to apply for specific programs

#### EMPLOYMENT AND LABOUR MARKET INFORMATION



#### **Student Employment and Experience Development Program (SEED)**

- SEED provides post-secondary students with employment opportunities through summer jobs, co-operative placements, and self-employment opportunities.
- Eligibility:
  - Resident in New Brunswick
  - Can work in Canada
  - Not a family member of the employer
  - Full-time student in the current academic year
  - Attend post-secondary education full-time in the fall



# Career Development Opportunities for Persons with Disabilities

- This program helps provide persons with disabilities to achieve career goals by consulting with a case manager. A case manager can help: set goals, develop a personal plan, clarify areas for training or employment, and refer to available services and programs.
- Eligibility:
  - Service offered to all persons with disabilities to help obtain employment opportunities





#### **Training and Skills Development (TSD)**

- TSD helps with skill development through funding to assist them in achieving goals. To be eligible, training must be a required component of the participant's Employment Action Plan and have it lead to sustainable employment. TSD is limited to:
  - Maximum of two consecutive years for the regular post-secondary training program
  - Maximum one year for academic upgrading for grade levels 7 to 9 and two consecutive years for grade levels 10 to 12
  - Maximum 10 weeks for levels 5-6 and maximum of 12 weeks for GED preparation
  - Maximum of three consecutive years for a co-op training program
- TSD can cover a portion of tuition and books and other training expenses.



#### Training and Employment Support Services (TESS)

- The program provides support to New Brunswickers with disabilities to participate in training and/or employment opportunities. They aim to reduce and remove the impact of a person's disability to obtain employment opportunities.
- Eligibility:
  - Active Employment Action Plan
  - Resident of New Brunswick
  - High school graduate, at least 18 years of age, high school student during part-time/summer employment, or enroll in the adult learning program
  - Have documented disability:
    - Permanent physical, intellectual, psychiatric, cognitive or sensory.



## GENERAL SUPPORT SERVICES

The provincial and national organizations included below can provide additional support in postsecondary experiences based on your needs.



#### NATIONAL ORGANIZATIONS



#### **Teen Mental Health**

 Provides mental health information and resources for teenagers and young adults.



#### **Canadian Mental Health Association**

• Provides access to mental health information resources, and services through their national organization and local community chapters.



#### Centre for ADHD Awareness, Canada

 Dedicated to improving the lives of those with ADHD through awareness, education, and advocacy.



#### **Canadian National Autism Foundation**

 Provides funding for public education and Canadian-based research and development, as well as resources to families of people with autism, and promotion of national autism awareness.

#### PROVINCIAL ORGANIZATIONS



#### **New Brunswick Association for Community Living**

- Access to Disability Supports: Person-centred approach to supporting people with a disability, independent facilitation, ensure supports best respond to their needs. Facilitators will:
  - Develop a vision for their future
  - Identify needs for supports, possible options for meeting needs with both paid and unpaid sources
  - $\circ$  Make informed choices on options available in their community
  - o Prepare application for disability supports
  - Access other services that may be required
- Disability support program (DSP) (offered through social development)
  - Home support worker
  - Respite
  - Personal supports and assistance within or outside the home
  - Supports for community involvement and participation
  - Personal living skills training
  - o Transportation supports that are disability-specific
  - Technical supports and assistive devices



#### **AIDS NB**

- Community-based response to HIV/AIDS, Hep C, sexually transmitted and blood-borne infections. The organization aims to promote and support health and wellbeing of people affected to reduce the spread.
- Services:
  - Skills-building
  - Needle exchange program
  - Treatment information
  - Support groups



#### **ALS Society of NB and NS**

Equipment loans and support services for people with ALS and families.
 Helping to enhance public awareness and raise funds for research for ALS.



#### Canadian Cancer Society NB

National organization with the mission to eradicate cancer and increase
quality life for people living with cancer. The organization funds research
and prevention programs, educating and supporting those with cancer, and
advocates for policies to improve the health of Canadians.



#### DBA Canadian Deafblind Association NB

- Intervenor provides one-on-one interaction with individuals who are deafblind through vocational, educational, social, and recreational activities. The intervenor is trained to adapt to the needs of deafblind individuals and create an individualized service plan.
- Services:
  - Family relief, consultation, and support group
  - Camp experience



#### Canadian Diabetes Association NB

 The organization helps connect New Brunswickers with resources about diabetes. Offer programs to learn about the condition and meet others living with it.



#### Easter Seals NB

 Assists children and adults with disabilities to achieve independence and equality through providing services or resources, such as rehabilitation equipment and repair services.

#### Learning Disabilities Association of NB



- Offering education, training, and support to children and adults with Learning Disabilities and their family/professionals who work with them.
- Services:
  - Literacy intervention program
  - Linking language to learning
  - Information, support, and referrals
  - Transition services

#### Lupus NB



• Helps provide support to those living with lupus and their families, as well as educate the public and gain awareness in the chronic disease.

#### NB Mental Health Consumer Network Inc.



- Services:
  - Promote taking charge
  - Public awareness

#### **Neil Squire Society**





- Services:
  - o Assistive technology and ergonomic assessments
  - Digital literacy training
  - o Help adults develop skills to achieve employment goals

#### Tourette Canada



 Provide support and resources to those who live with Tourette Syndrome, as well as their families and professionals.

#### New Brunswick Deaf and Hard of Hearing Services Inc.



- Goal of enabling deaf, hard of hearing, and deafened people to
- lead independent lives through advocacy, programs and services



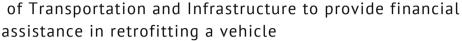


Offers a wide range of service directories



#### **Ability New Brunswick**

- Transition NB: offers extensive, one-on-one work with individuals 16-30 with a mobility disability to reach education and career goals.
- Vehicle Retrofit Program: partnership with the Department



- Para NB: works to engage New Brunswickers with a physical disability in parallel sport and recreation
- Rehabilitation Counseling: heath and service providers work with those with injuries or mobility disabilities to access services and support and meet goals

#### **Autism Resource Centers in New Brunswick**

- Non-profit organizations committed to helping individuals with ASD, their families, friends and professionals working with them. Free access to referrals, resources, support, education and outreach services to members and the public.
- Autism Connections Fredericton
  - Adult Chat 'n' Chill
  - Healthy Relationships, Sexuality and Autism
  - Tutoring
  - Support groups
  - Ready, Willing and Able: employment outreach
- Autism Resource Miramichi Inc.
  - Employment Program for Adults with ASD
  - Employment opportunities
- Centre D'Excellence en Autisme de la Peninsule Acadienne, Shippagan
- <u>Dragonfly Centre for Autism Inc.</u>, St. Andrews
  - Peer support groups
- Chaleur Autism and Asperger's Family Centre Inc., Petit-Rocher
  - Teen/adult support groups
- Upper Valley Autism Resource Center, Perth-Andover
- Autism Resource Center, Dieppe
- Centre de l'autisme du Restigouche, Campbelltown

